

StrengthsQuest

What is StrengthsQuest?

StrengthsQuest is a tool for assisting you as well as other SAC employees with developing your potential. Do you tend to focus on your weaknesses instead of your strengths? StrengthsQuest will help you focus on what you already do well and help you build on this.

Why are we doing StrengthsQuest at SAC?

- StrengthsQuest aligns with the Santa Ana College Mission Statement: "Santa Ana College inspires, transforms, and empowers a diverse community of learners."
- Santa Ana College wants to empower you to be the best you can be for your own fulfillment and so that you can bring your best self to your work with and for SAC students.

How do I discover my strengths?

- Take the 30-minute online StrengthsQuest assessment using a StrengthsQuest code. To receive a code, contact your supervisor or professionaldevelopment@sac.edu.
- After you take the assessment, you will receive your top five signature themes, a personalized Strengths Insight Report, and other resources. These themes are a collection of your natural talents. As you learn about and develop these talents, they become strengths.

What are the Strengths?

The Gallup Organization has identified 34 natural talent areas of Strengths. Take the assessment today and discover your top 5 strengths.

Achiever	Competition	Focus	Learner	Strategic
Activator	Consistency	Futuristic	Maximizer	Woo
Adaptability	Connectedness	Harmony	Positivity	
Analytical	Context	Includer	Realtor	
Arranger	Deliberative	Ideation	Responsibility	
Belief	Developer	Individualization	Restorative	
Command	Discipline	Input	Self-Assurance	
Communication	Empathy	Intellection	Significance	

Join SAC colleagues at StrengthsQuest events on campus to develop your strengths and the strengths of your team at SAC!