



Accessing Classes

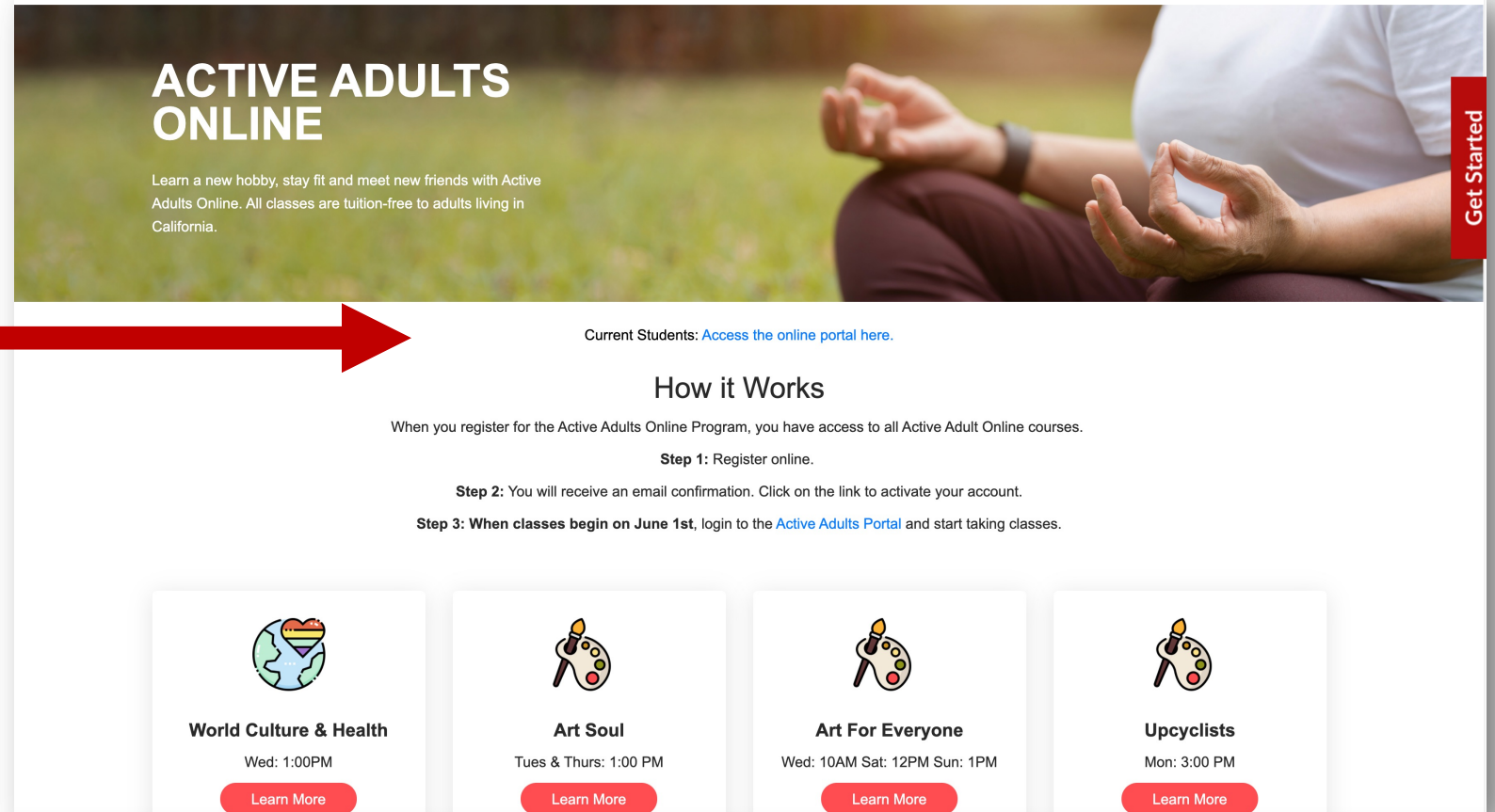
For students in the Active Adults Online Program @ Santa Ana College
School of Continuing Education

Step 1: Go to the Active Adult Online Portal

You can access it on the Adults home page ([sac.edu/active](https://flexapp.rscdd.edu/ActiveAdultsApplication/en-us/Account/Login))

The direct link is:

<https://flexapp.rscdd.edu/ActiveAdultsApplication/en-us/Account/Login>



ACTIVE ADULTS ONLINE

Learn a new hobby, stay fit and meet new friends with Active Adults Online. All classes are tuition-free to adults living in California.

Current Students: [Access the online portal here.](#)





How it Works

When you register for the Active Adults Online Program, you have access to all Active Adult Online courses.

Step 1: Register online.

Step 2: You will receive an email confirmation. Click on the link to activate your account.

Step 3: When classes begin on June 1st, login to the [Active Adults Portal](#) and start taking classes.

| World Culture & Health | Art Soul | Art For Everyone | Upcyclists |
|---|---|---|---|
|  |  |  |  |
| Wed: 1:00PM | Tues & Thurs: 1:00 PM | Wed: 10AM Sat: 12PM Sun: 1PM | Mon: 3:00 PM |
| Learn More | Learn More | Learn More | Learn More |

Get Started

Step 2: Login to the portal

Login with your username and password.

Your username = Your email

Your password = Your birthday

(If your birthday is March 2, 1975, your password would be 03/02/1975)

Welcome to the Active Adults Online Portal.

To log in, please enter the username and password you received in your confirmation email.

Email

Password



I'm not a robot



reCAPTCHA
[Privacy](#) - [Terms](#)

Log in

[Forgot your username or password?](#)

Step 2: Click on the class you want to take

The classes that are available that day will appear. To learn more about a class, You can click:

‘[Click here for class details and to join this session](#)’.



Active Adults Online Portal

Provided by Santa Ana College School of Continuing Education

[Logout](#) / [Dashboard](#)

📅 Today's Live Classes: 01/14/2021

09:00 AM: Cardio and Core

We will begin with a warm up before starting our workout.
The workout will consist of a variation of Cardio and Core movements.

Please come with a yoga mat, towel and water.

Lets do this!

[Click here for class details and to join this session.](#)

10:00 AM: Beginning Guitar

Welcome Beginning Guitar Students !! My name is Bob Wilson and I will be your instructor. Today I will introduce the parts of the guitar and how to form chords.

[Click here for class details and to join this session.](#)

01:00 PM: Art Soul

Intro: Discussion of class, materials and preparation.

Project: Starry Night (Part 1)

Step 3: Connect to the class online

Beginning Guitar

Beginning Guitar – What you will learn:

- Useful apps that are available to learn new songs and reinforce your rhythm and speed will be examined. Examples are Chordify, Fender Play, and Youtube tutorials.
- Accessories that will expand your playing as you improve: capos, guitar slides, guitar stands, music stands, amplifiers and guitar pedals are just a few.
- Transferring your new skills to other instruments - As you become a stronger player, you can play the ukulele, banjo and mandolin with just a little effort. All guitar players eventually play ukulele (four strings).
- Guitar Care - taking care of your investment using household and specialty products. String replacement, neck and fingerboard cleaning and protecting your guitars finish will all be covered.
- Upgrading your instrument - It's not uncommon for a beginning, starting guitar to be outgrown for a well-made intermediate or advanced grade instrument. Brands like Taylor, Martin, Gibson and Ovation project sound in an incredible way.
- The History of the Guitar -starting in 1500 B.C.E. in Persia all the way to 1950's Fullerton, CA and Leo Fenders shop, the guitar continues to change shape and remain a voice for the ages.

CLASS IS IN SESSION (OR WITHIN 30 MINUTES OF STARTING)!

[CLICK HERE TO ATTEND THE CLASS](#)

Thursdays from 10:00 AM to 12:00 PM

Class Goals for Today

Welcome Beginning Guitar Students !! My name is Bob Wilson and I will be your instructor. Today I will introduce the parts of the guitar and how to form chords.

If the class is within 30 minutes of starting, you can access the class. Click on the green button to be taken directly to the Zoom session. When class begins, your teacher will let you into the session.

Step 4: Enjoy Your Class!

By accessing the online class, your instructor will automatically be sent your email so that they can communicate class information and updates with you.



We hope you have a great summer semester
and enjoy your Active Adult Online classes!



Santa Ana College School of Continuing Education
sac.edu/sce