



**DON'T WAIT UNTIL TOMORROW.
START SCHOOL TODAY!**

Attend a Virtual New Student Registration Orientation to:

- Learn about Santa Ana College student services and resources.
- Find out your English & math course recommendations.
- Plan your SAC classes with a counselor.
- Discover Career and Academic Pathways at SAC.

How to Get Ready for the Registration Orientation

- Apply for Admission to SAC
- Have your 7-digit SAC ID number
- And make sure you are registered to attend!

RSVP FOR
ZOOM LINK TODAY!

PH: +1 (714) 564-6148
W: SAC.EDU/ORIENTATION

FEBRUARY

20 21

VIRTUAL ENGAGEMENT OPPORTUNITIES


SANTA ANA COLLEGE

**BLACK
HISTORY
MONTH**

HEAR OUR SONG

**FULL SCHEDULE AT
SAC.EDU/BHM**

19 BLOOD DRIVE

W-107; 10:00AM-4:00PM

Be the lifeline patients need. Please visit [RedCrossBlood.org](https://www.redcrossblood.org) and enter Sponsor Code: SACollege to schedule an appointment.

19 ZUMBA (FITNESS FRIDAY SERIES) 11:00AM-12:00PM

Dance to great music and burn a ton of calories without even realizing it!

24 ASK THE DOCTORS 11:00AM-12:00PM

Do you have questions related to coronavirus, COVID-19, and the vaccine? We are joined by Dr. Yocam, SAC physician, and Dr. Kapil, SAC psychologist.

26 STRENGTH TRAINING (FITNESS FRIDAY SERIES) 11:00AM-12:00PM

Build strength and endurance by targeting your major muscle groups. No weights necessary!

FOLLOW US
 **SAC_ASG**



RSVP TO UPCOMING EVENTS
@ [SAC.EDU/STUDENTLIFE](https://sac.edu/studentlife)



SANTA ANA
COLLEGE

Health and Wellness Center - Psychological Services
VL-211, 1530 West 17th Street, Santa Ana, CA
92706 T: 714-564-6216 | F: 714-558-3732

WELLNESS WORKSHOPS via ZOOM

Want to learn new tools to manage your stress, get rid of worry thoughts, understand emotions, or improve daily sleep?

Join SAC Health and Wellness Center for weekly Wellness Workshops. Participants will learn coping strategies to: enhance well-being, manage a range of emotions, and increase stress management skills.

Stress Management Skills

Identify symptoms of stress, and how stress impacts you. Increase tools to decrease stress.

March 9	11AM
May 4	10AM

How to Increase Positive Emotions

Increase acceptance and understanding of feelings. Increase healthy emotional experiences.

February 16	11AM
March 16	11AM
April 20	11AM

Get Rid of Worry Thoughts

Learn how thoughts impact your mood and behavior. Reframe negative thoughts and beliefs.

February 23	11AM
March 23	11AM
April 27	11AM

Tips to Sleep Better at Night

Review common sleep myths and patterns of sleep. Sleep hygiene skills for healthy sleep.

March 2	10AM
April 13	11AM

Tuesdays

All workshops are free and 1 hour long.

Register on [Health and Wellness Center Website](#)

With Licensed Psychologist, Dr. Jill Kapil



SANTA ANA
COLLEGE



SAC HEALTH AND WELLNESS CENTER IS OPEN BY APPOINTMENT ONLY!

Telehealth & Face-to-Face Consultations Available with
Medical and Psychological Services

Contact us today!

714) 564-6216 or SACHEALTH_CENTER@SAC.EDU

Monday-Wednesday 10am-2pm (on-campus)

Monday-Thursday 9am-5pm, Friday 8am-12pm (virtual)

Free Virtual Workshops on various topics:
Stress, Procrastination, Anxiety, Relationships,
Anger, Self-Esteem, Sleep
Register via [Health Center Website](#)



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C O L L E G E

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STUDENT MENTAL HEALTH AND WELLBEING WORKSHOPS VIA ZOOM

Join us for virtual workshops designed for the advancement of student mental health. Participants will gain insight and learn coping skills necessary to build personal resiliency and improve well being.

Coping with Anxiety

February 22nd at 10:00 AM

March 29th at 11:00 AM

May 3rd at 12:00PM

Anger Management

March 1st at 10:00 A

May 10th at 12:00 PM

Overcoming Procrastination

March 8th at 10:00 AM

April 12th at 11:00 AM

May 17th at 12:00 PM

Coping with Rejection & Loss

March 15th at 10:00 AM

April 19th at 11:00 AM

May 24th at 12:00 PM

Building Self-Esteem

March 22nd at 10:00 AM

April 26th at 11:00 AM

Register on Health and Wellness Center Website

With Licensed Psychologist, Dr. Michael Izadi

All workshops are 1 hour long.

SAC HEALTH AND WELLNESS CENTER
ASSOCIATED STUDENT GOVERNMENT

ASK THE DOCTORS

W/ DR. RENEE YOCAM & DR. JILL KAPIL

SAC HEALTH PROFESSIONALS ANSWER YOUR QUESTIONS
ABOUT THE COVID-19 VACCINE AND STAYING HEALTHY.

WEDNESDAY
FEBRUARY 24, 2021
11:00 AM - 12:00 PM



FOLLOW US
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REGISTER FOR THE TOWN HALL
@ [SAC.EDU/STUDENTLIFE](https://sac.edu/studentlife)

CENTER FOR TEACHER EDUCATION



Spring 2021 Activities & Events



CONTACT US TO SIGN UP!

Zoom • sac.edu/teachered-contact

Email • teacher_ed@sac.edu

Phone • (714) 564-6352

REGISTER FOR CFTE EMAIL UPDATES:

www.sac.edu/teachered



@SACTeacherEd



@SAC_CFTE



@CFTE_SAC

Information Sessions

Join us on Zoom to learn about the teaching profession including career opportunities, pathways to teaching, academic preparation, CBEST and CSET exams, credential requirements, teacher salary, and much more!

Tuesday, February 16 12:00 pm - 1:00 pm

Thursday, March 11 5:00 pm - 6:00 pm

Tuesday, April 13 12:00 pm - 1:00 pm

Thursday, May 13 5:00 pm - 6:00 pm

Counseling Appointments

Book a phone call or video chat appointment with a CFTE Counselor (recommended once every semester) for counseling, advisement, and to create or update your education plan!

Book Loan Program

Cancelled for Spring 2021 due to COVID-19.



Textbook Tip #1:

Find free **eTextbooks** by visiting the Nealley Library at libguides.sac.edu/etextbooks



Textbook Tip #2:

Save money by looking for **Open Educational Resources (OER)** or **Zero Textbook Cost (ZTC)** courses when registering! For more info, visit www.sac.edu/oer



Child Dev. Permit Workshops

Join us on Zoom to learn more about permit levels including education and experience requirements, the application process, and funding opportunities!

Monday, February 22 5:00 pm - 6:00 pm

Monday, March 8 5:00 pm - 6:00 pm

Thursday, March 25 5:00 pm - 6:00 pm

Monday, April 19 5:00 pm - 6:00 pm

Monday, May 10 5:00 pm - 6:00 pm

Future Educators Workshops

Participate in professional development seminars to enhance your knowledge and skills as a future educator!



Microsoft Innovative Educator

Friday, April 16, 2021

9am - 12pm



Social Justice through Children's Literature

To Be Determined

CBEST Prep Workshops

California Basic Educational Skills Test

Prepare to take the CBEST exam by attending free workshops led by experienced educators. Register for Reading/Writing and/or Mathematics.

Reading & Writing

3-Part Series:

Saturday, February 20

Wednesday, February 24

Saturday, February 27

2:00 pm - 4:00 pm

Mathematics

3-Part Series:

Saturday, March 6

Saturday, March 13

Saturday, March 20

9:00 am - 12:00 pm

We recommend taking the CBEST before you transfer!

Teacher Appreciation Week

Since 1984, National PTA has designated this week as a special time to honor those who lend their passion and skills to educating our children. Throughout this week, we celebrate teachers and deliver our thanks and gratitude to them. Stay tuned for our full schedule of virtual events!

May 3-7, 2021



UNIVERSITY REPRESENTATIVES

University representatives can advise students about the teacher preparation programs (undergraduate, graduate, and credential) that are available at their institution. We highly encourage students to speak with a representative early on in their educational journey!

CAL STATE FULLERTON

Jennifer Robles, Center for Careers in Teaching

30-Minute Advising Appointments

Tuesday, February 23	10:00 am - 1:00 pm
Thursday, March 18	10:00 am - 1:00 pm
Monday, April 19	9:00 am - 12:00 pm
Monday, May 3	9:00 am - 12:00 pm

Next Steps Workshop for Fall 2021 Admits

Friday, April 16

CAL STATE LONG BEACH

Wendy Muzien, College of Education Outreach

15-Minute Advising Appointments

Tuesday, February 23	1:00 pm - 3:00 pm
Wednesday, February 24	10:00 am - 12:00 pm
Tuesday, March 16	10:00 am - 12:00 pm
Wednesday, March 17	1:00 pm - 3:00 pm
Tuesday, April 13	2:00 pm - 4:00 pm
Wednesday, April 14	10:00 am - 12:00 pm

Liberal Studies/ITEP Info Session

Wednesday, March 3	12:00 pm - 1:00 pm
Thursday, March 18	4:00 pm - 5:00 pm

Becoming a Middle/High School Teacher Info Sessions

Wednesday, March 10	12:00 pm - 1:00 pm
Tuesday, March 16	4:00 pm - 5:00 pm

Student Ambassador Appointments

Gain a student's perspective about CSULB's teaching programs, student life, and more!

Schedule an Appointment: bit.ly/csulbsams

UC IRVINE - CALTEACH

Chelsea Barilli, CalTeach Science & Math Program

CalTeach Science & Math Info Sessions

Thursday, March 4	12:00 pm - 1:00 pm
Thursday, April 15	5:00 pm - 6:00 pm
Thursday, May 6	12:00 pm - 1:00 pm

Advising Appointments upon Request

Calendar of Availability: tinyurl.com/y7urbsy8

CAL STATE DOMINGUEZ HILLS - CSI3

Lizeth Aguilar, CA STEM Institute for Innovation and Improvement at CSUDH

CSI3 & Teaching Opportunities Info Session

To Be Determined

CAL STATE LOS ANGELES

Ana Zambrano, Charter College of Education

CSULA College of Education Info Session

To Be Determined

UC IRVINE - EDUCATION SCIENCES

Jaycee Chu, School of Education

Education Sciences BA Info Session

To Be Determined

CHAPMAN UNIVERSITY

Integrated Educational Studies

Chapman Transfer Admission Guarantee (C-TAG) Info Session

To Be Determined

***Is there another university you're interested in learning about?
If so, contact us to ask questions and we can point you in the right direction!***

For more information or to sign up, contact the **CENTER FOR TEACHER EDUCATION**
(714) 564-6352 • teacher_ed@sac.edu • sac.edu/teachered

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ASSOCIATED STUDENT GOVERNMENT

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SANTA ANA COLLEGE ASSOCIATED STUDENT GOVERNMENT SPRING ACTIVITIES

FEB

Club Rush
Blood Drive
Ask the Doctors - Virtual Town Hall
Inter-Club Council's Welcome Back
Fitness Friday Series

MAR

Inter-Club Council's Social Media Contest
Blood Drive
Mindful Eating Habits
Cross-Cultural Conversation: Know your Rights
Cross-Cultural Conversation: Housing Justice
Engineering Speaker Event
DSPS Documentary & Discussion
Fitness Friday Series

APR

ASG Elections
Inter-Club Council's Watch Party
#SAAM: Denim Day & Clothesline Project
Cross-Cultural Conversation: Climate Justice
Cross-Cultural Conversation: LGBT Day of Silence
STEM Career Exploration
Sustain-A-Palooza
Fitness Friday Series

MAY

Movies for Mental Health - Sexual Assault
Movies for Mental Health - BIPOC & LGBTQ
Inter-Club Council's Game Night
Asian Pacific American Cultural Event
Finals Stress Relief
Fitness Friday Series

JUN

Commencement

FOLLOW US
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Text 'Join SAC-LIFE' to 30890
to receive information about events on campus!
Event dates are subject to change.

SAC.EDU/STUDENTLIFE
SAC.EDU/ASG
DARE TO LEAD!

SPRING 2021

Asian Pacific Student Program

sac.edu/apsp



Program Goal:

Connecting Asian Pacific Islander students to services at Santa Ana College to increase college and career readiness.

Benefit:

\$50 SAC Bookstore voucher for students who complete two approved program services or activity.

Please note: voucher will be used toward book purchases only.

Approved Services / Activities:

- Counseling appointment
- Documented workshop attendance or services, including:

Academic Computing Center: sac.edu/acc

Career Center: sac.edu/career

Learning Center: sac.edu/learningcenter

Math Center: sac.edu/mathcenter

Student Life: sac.edu/studentlife

University Transfer Center: sac.edu/transfer



API student groups may include:

Asian - Cambodian-Chinese-Filipino-Indian-Japanese-Korean-Laotian-Vietnamese

Pacific Islander - Guamanian-Hawaiian-Samoan



SANTA ANA
COLLEGE

APPLY FOR OVER
130 SCHOLARSHIPS
WITH JUST ONE
APPLICATION!

SANTA ANA COLLEGE FOUNDATION

2021-2022 ANNUAL SCHOLARSHIP COMPETITION

October 14, 2020 - March 5, 2021

**EXPRESS 30 MINUTE WORKSHOPS OFFERED EVERYDAY,
CLICK HERE TO SIGN-UP!**

ELIGIBILITY CRITERIA

- Currently enrolled at Santa Ana College.
- Minimum 2.0 Cumulative College GPA.
- Enrolled in at least 6 units at SAC for the Fall 2020 and Spring 2021 Semester each.
- One Letter of Recommendation (Max 3 letters).
- Personal Statement.
- Unofficial SAC transcripts.

CLICK



QUESTIONS?

TO LIVE CHAT WITH THE SCHOLARSHIP TEAM TODAY!



SCHOLARSHIP@SAC.EDU



(714) 564-6995