

Take action • Aim for success • Enroll now

HOW TO REGISTER



On-line Registration @ www.sac.edu/cms with your MasterCard, VISA, Discover, or American Express.



FAX Registration with your credit card information. Complete the registration form on the inside back cover and FAX to (714) 564-6309.



Phone Registration with your MasterCard, VISA, Discover, or American Express. Call (714) 564-6594.



Mail-In Registration: Complete the registration form located on the inside back cover, include payment, and mail to:



Santa Ana College Community Services Program 1530 W. 17th Street, S-203 Santa Ana, CA 92706

In-Person Registration @ Community Services Program office located in the Administration Building, room S-203. See map on page 24.

Confirmation:

Registration received by mail will be confirmed if you send a self-addressed stamped envelope. Registration received by phone and online will automatically receive a confirmation. If you do not receive a confirmation in 5 business days, call our office at (714) 564-6594. Non-receipt of confirmation does not warrant a refund.

Refund & Transfer Policy:

Refund and transfer requests must be made three (3) business days prior to the Event and are charged a \$10 processing fee per person. TRAVEL TOURS may be cancelled up to ten (10) business days prior to departure less a \$15 processing fee. A travel tour refund will only be issued if your space can be re-sold. Non-receipt of confirmation does not warrant a refund. A refund will not be issued after class is held.

Returned Checks & Refunds by Check, Cash or Money Order:

A \$25 fee will charged for any returned check. In addition, an administration hold placed against your student records and a class stop will be issued. Refunds issued for cash, check or money order transactions may take 4-5 weeks to process with a completed W-9 form.

Parking Policy:

Daily parking permits are required & available for \$2.00 (coin or dollar) in Lots 6, 7, 9, 11, & 12.

Nondiscrimination Policy:

The Rancho Santiago Community College District is committed to equal opportunity in educational programs, employment, and all access to institutional programs and activities. The District, and each individual who represents the District, shall provide access to its services, classes, and programs without regard to national origin, religion, age, gender, gender identity, gender expression, race, color, medical condition, genetic information, ancestry, sexual orientation, marital status, physical or mental disability, or because he or she is perceived to have one or more of the foregoing characteristics, or based on association with a person or group with one or more of these actual or perceived characteristics. Inquiries regarding compliance and/or grievance procedures may be directed to District's Title IX Officer and/or Section 504/ADA Coordinator. RSCCD Title IX Officer and Section 504/ADA Coordinator: John Didion, 2323 N. Broadway, Santa Ana, CA 92706, 714-480-7489.

FALL 2014

Community Services Program

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Community Services Staff

Terri Hawn Lithia Williams

Office Hours

Monday–Friday 9:00am–4:30pm

Call: 714-564-6594 **Fax:** 714-564-6309 **Web:** www.sac.edu/cms

ACTIVE ADULTS

CHAIR YOGA

Are you facing emotional challenges, stress, and anxiety? Would you like to energize your body and gain strength, flexibility and concentration? Do you feel that traditional practice is too challenging? Kundalini Chair Yoga is a gentle way of teaching and celebrate life in an atmosphere of joy and compassion.



 Event 94984 9:00a-10:30a Wednesday
 SAC W-107
 9/24-11/12

 Fee: \$69/person
 8 sessions
 Ernotte, B

CLAY SCULPTING

In this class you will create beautiful and meaningful pieces of art. Whether it's a simple bowl or an abstract shape, the air dry clay is simply a tool for personal expression. A \$5 material fee is payable in class.

 Event 94877 6:00p-8:00p
 Wednesday
 SAC C-105
 10/08-10/22

 Fee: \$44/person
 3 sessions
 McCampbell, S

GOLF-FIT

Muscles are key in helping you drive the ball further and with more accuracy. This exercise class strengthens and conditions the muscles of the back, legs, hips, chest, shoulders and arms. We'll work on golf specific exercises and stretches that will help improve your golf game. Recommended for all golfers – beginners to advanced. Enrollment is open to all adults ages 18 to 90. Bring a set of 2-5 pound (each) dumbbells (depending on your age and strength), your 5-iron, a stretch band and water to drink. Classes are taught by a certified instructor.

 Event 94910 12:00p-1:00p
 Saturday
 SAC W-107
 9/20-11/15

 Fee: \$89/Person
 8 sessions (no class 10/4)
 Geri-Fit, LLC

COMPUTER BASICS

Used a computer for years but never learned the basics? Never used a computer? Learn current computer terminology, identify computer components, proper use of USB/jump drives, file size measurement, and helpful tips to make using the computer easier and faster.

 Event 94773
 1:00p-5:00p
 Saturday
 SAC A-224
 9/06

 Fee: \$44/person
 1 session
 Dumon, D

iPHONES, iPADS, AND I'M LOST

Today's iPhone® and iPad® do so much more than simply make phone calls or send text messages. With either of these new devices you now have a computer, Web browser, eBook reader, personal organizer, and more - all in your hand! In this entertaining class, you will learn how to set up your iPhone® and/or iPad® for email, texting, WiFi networks, and Bluetooth and how to best sync with your computer using iTunesÆ. You also will discover how to take terrific photos and send them to friends, install apps, and figure out the best apps to make your iPhone® and/or iPad® smarter. A \$20 material fee is payable in class.

 Event 94778 6:30p-9:30p
 Thursday
 SAC I-103
 11/13

 Fee: \$39/person
 1 session
 Cohen, R

JUICING FOR LIFE

This class will teach the basics of juicing and blending both fruits and vegetables with tasty combinations to sample. Learn about juice flushing for health, weight loss, detoxification and vitality. Come to this class if: you have a juicer or vitamix hidden in your kitchen; you would rather DRINK your vegetables than eat them; you would like to buy a juicer, but want more information before making this major purchase; would like new and fresh recipes; quick and easy breakfast or lunch solutions. A \$20 material fee is payable in class.

 Event 94790 2:00p-5:00p
 Saturday
 SAC T-212
 10/11

 Fee: \$29/person
 1 session
 Sobel, B

Hey ACTIVE ADULTS 55+



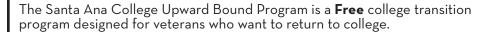
check out our...
Voice-overs, page 9
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Are you a U.S. Military Veteran?

- Do you want to enroll in college but it's been a while since you've been in school?
- Are your Math and English skills rusty?
- Do you need help making the transition into college?



The VUB program provides academic workshops, tutoring, academic counseling, advisement and other college and community resources for veterans.

For more information call the VUB program office at (714) 564-6288.

Visit our website at www.sac.edu/vub



ELDER CARE - GOV'T GRANTS & SUBSIDIES

This workshop is designed to educate, clarify, and empower you with options and directions. Learn special laws that can eliminate spend down, forfeiture, penalties, and liens. Educate yourself and take that first step towards protecting your family, your home and your savings from the devastating cost of long term care. Millions of dollars in government funds go unclaimed and unused every year, only because people don't know they exist or how the application process works. This program is available for everybody who needs nursing home eldercare. Learn how the long term healthcare system works, and how to legally make it work for you.

 Event 94141
 2:00p-4:00p
 Tuesday
 SAC I-101
 10/07

 Fee: \$25/person
 1 session
 Leiter, C

VA BENEFITS FOR ELDERCARE

There are pension benefits available to veterans who have NOT sustained a disability during their military service. Unfortunately these provisions are not widely known and thousands of eligible veterans and their spouses fail to apply. Come learn about these VA Benefits, how to qualify, how to apply, how much you can receive and how these benefits can pay for home care, assisted living facilities, and long term nursing home care.

 Event 94142 2:00p-4:00p
 Thursday
 SAC I-101
 11/06

 Fee: \$25/person
 1 session
 Leiter, C

REGISTER ONLINE Day or Night at www.sac.edu/cms

ANIMAL CARE

DOG OBEDIENCE

Give your dog a new leash on life! This beginner-level course is open to all breeds of dogs over 5 months (larger breeds accepted at 4 months) Exercises will include the proper heel command, automatic sit, sit-stay and down-stay, stand for inspection, and come commands. Behavior problems such as destructive chewing, hole digging, and over-exuberance will also be addressed. Trophies and certificates will be awarded at graduation. The first meeting will be an orientation, WITHOUT DOGS. Please bring vaccination records and \$10 insurance fee due to your instructor at first meeting.



Event 94130 9:00a-10:00a Saturday Fee: \$92/person H Louis Senior Center 7 sessions 9/20-11/01 Knight, K

H Louis Senior Center, 11300 Stanford, (between 9th & Euclid), Garden Grove

DOG MANNERS "CRASH COURSE"

Accomplish your dog training goals and get behavior problems under control in just 4 weeks! Exercises include: controlled walking on a leash, sit and down on command, sit-stay, down-stay, and come commands. Bad habits such as chewing, digging, counter-surfing and jumping on people, will also be addressed. For dogs 4 months and older. Dogs attend all meetings, and pre-registration is required so we may brief you prior to first class. **Please bring a copy of current vaccination records and \$5 materials fee to first lesson.**

Event 94132 7:00p-8:15p Tuesday Fee: \$80/person

Bolsa Chica Park 4 sessions 11/18-12/09 Knight, K

Bolsa Chica Park, 13660 University Ave., Westminster

FRISBEE DOGS! CATCH THE FUN!

In this one-day workshop, your dog can start learning the fun sport of Toss-N-Fetch from an avid Dog-Disc competitor, David Procida. Includes instruction on proper Frisbee throwing techniques, getting your dog motivated to catch a disc AND bring it back to you, and an introduction to some stunts, including spins and weaving through your legs. Please pre-register, and bring vaccination records, your dog, and \$5 material fee(includes a Frisbee).



Event 94131 1:30p-3:00p Sunday Fee: \$34/person

Fountain Valley Recreational Center 1 session

9/21 Procida, D

Fountain Valley Recreational Center, 16400 Brookhurst Ave at Heil, Fountain Valley

AROUND THE HOME & GARDEN

FENG SHUI FUNDAMENTALS

Do you desire success in business, relationships, romance, and attaining your goals and dreams? Let the 4,000 year old ancient Chinese art of Feng Shui help you reach your goals. Find out how the physical environment of your home and work can impact your health, relationships, and income. Be prepared to have fun while learning to apply the basic principles and wisdom of this ancient art to your home and office. You will learn why some homes are more comfortable than others, your best sleeping directions, and much more. Bring your floor plan to use as a reference. A \$3 material fee is payable at the door.

Event 94134 6:30p-9:30p Single: \$38/person

Tuesday

SAC I-209 1 session 9/30 Zimmerman, K

INTRO TO FURNITURE UPHOLSTERY

Students will learn the basic steps, terminology, and procedures required for beginning upholstery projects. This session will discuss procedures for projects that include dining room chairs, footstools, ottomans, or small bedroom chairs. The first class meeting is an ORIENTATION. A supply list will be provided in class.

Event 94154 6:00p-7:30p 6:00p-9:00p

Fee: \$89/person

Monday Monday SAC C-106 SAC C-106 6 sessions Orientation 09/29 10/06-11/3 Dominguez, P



DO YOU HAVE A GREAT IDEA FOR A NEW CLASS?

We're always looking for teachers who have developed classes in:

Arts & Crafts • Real Estate • Business & Careers • Dance, Health & Beauty • College for Kids

Mail a proposal to:

Santa Ana College-Community Services Program, Attn: Lithia Williams, Program Coordinator 1530 W. 17th St. Santa Ana, CA 92706 • Email: williams_lithia@sac.edu

PLUMBING REPAIRS

Learn how to safely troubleshoot and install faucets, sinks, toilets, garbage disposers, water heaters, bathtubs, showers, and major appliances such as dishwashers and clothes washing machines. Avoid expensive plumbers and repair plumbing problems yourself! Take the mystery out of a clogged drain and discover how to best clear it! New plumbing will be covered, including water supply pipes, valves, drain and waist pipes, natural gas piping and new materials such as PEX plumbing. Limited hands-on experience will be available.



11/06-12/18 Famolaro, P

Event 94137 6:00p-9:00p Thursday

Fee: \$99/person 6 sessions (no class 11/28)

ELECTRICAL REPAIRS

Upgrade all your old outlets and switches. Repair your own home electrical problems and avoid expensive electricians! Learn how to safely troubleshoot and install electrical outlets, switches, dimmers, light fixtures, and ceiling fans. Discover the magic of a GFCI, AFCi, split-outlet circuit, and three-way and four-way switch circuits. Limited hands-on experience will be available. A supply list will be provided in class.

SAC T-212

Event 94136 6:00p-9:00p Thursday SAC B-17 Fee: \$99/person 6 sessions

9/18-10/23 Famolaro, P

SUCCULENT CONTAINER GARDENING

Come create a beautiful focal point for your table or garden using succulents. Learn the technique of this container design using soil, rocks, and various succulents. Grown as ornamental plants due to their striking appearance, succulents are hardy, easy to care for and are perfect plants year round. Material fees are payable in class and will vary from \$5 and up based on personal preference.



Event 94944 1:30p-3:30p Saturday The Dragonfly Shops & Gardens 10/18 Fee: \$10/person Anne, The Barefoot Gardener

The Dragonfly Shops & Gardens: 260 N. Glassell St, Orange

MINIATURE GARDENS

Come learn how to create one of the hottest trends in gardening. Design and accessorize your enchanted miniature garden with a selection of decorative miniatures including fences, arches, fairies and more. Easy to switch up for holidays and so trendy! Material fees are payable in class and will vary from \$10 and up based on personal preference.

Event 94951 10:30a–12:30p Saturday The Dragonfly Shops & Gardens 10/04 Fee: \$10/person 1 session Anne, The Barefoot Gardener

The Dragonfly Shops & Gardens: 260 N. Glassell St, Orange

ARTS & CRAFTS

CANDLEMAKING

Decorating with candles makes a beautiful addition to any home. Fragrant, multi-colored candles also make great gifts! Join us to create unique gifts for any occasion, maybe even start your own candle business! Topics include: getting started, different types of candles, using molds, how to add fragrance and natural color additives, resources for materials and supplies. Students will

make 3-5 candles in this hands-on workshop. Please dress accordingly. A \$15 material fee is payable at the door to the instructor.

Event 94147 9:00a-12:00p Saturday SAC C-208 11/08
Fee: \$29/person 1 session Abdul, Q

SOAPMAKING

Do you love the sensual pleasure of beautiful aromatic soaps? Why not learn to make your own? It's easier than you think. Custom-made soaps are perfect for gifts, bathroom decor and people with sensitive skin. You will create 4 - 6 different soaps, layer colors, use molds, add fragrances, herbs or toys. Express your creativity in this hands-on class. Please dress accordingly. **A \$15 material fee is payable at the door to the instructor.**

Event 94149 2:00p-5:00p Saturday SAC C-208 11/08 Fee: \$29/person 1 session Abdul, Q

Register day or night online @ www.sac.edu/cms











HOLIDAY FLORAL DESIGN

Add a colorful arrangement to your holiday dÈcor. Master the principles of floral arranging on festive designs to display for Halloween, Thanksgiving and Christmas. Students will learn how to combine fruits, vegetables, candles, ornaments with vibrant seasonal flowers. **A \$65 material fee is payable in class to the instructor.**

Event 94139 9:00a-11:30a Saturday Mina Wholesale Flowers 10/18-11/08 Fee: \$65/person 4 sessions Asadirad, M

Mina Wholesale Flowers: 1918 E. Edinger Ave., Santa Ana

MOSAIC STEPPING STONE WORKSHOP

Join us as we discover and explore the wonderful world of mosaics! In this class, you will create a mosaic stepping stone using broken tile, with your own design, inspiration and creativity that will last in your garden for years. Composition, design and color will be discussed. A \$25 material fee is payable to the instructor.

Event 94943 7:00p-9:00p Wednesday Dragonfly Shops & Gardens 10/08-10/22 Fee: \$70/person 3 sessions Kahrilas, K

Dragonfly Shops & Gardens: 260 N. Glassell St, Orange

BASIC WIRE-WRAPPING

This hand-wiring class will teach you techniques to design and create beautiful jewelry at a fraction of the cost of retail. With simple wire-wrapping techniques learned in class you'll create a bracelet and earring set using sterling silver or gold filled wires to link semi-precious stones, beads or crystals. Students should bring a pair of the following tools to class: round nose pliers, chain nose pliers, wire cutters and crimping pliers (optional). These tools can be purchased at hardware or craft stores. A \$20 material fee is payable in class.

Thursday



Fee: \$25/person
KNIFTY KNITTING (SHAWL)

Event 94845 6:00p-9:00p

Knitting is a craft that is easy, fun and relaxing. By applying the basic principles of casting on, stitching, looping and binding off, students will loom stylish accessories to keep, sell or give away as gifts. Students should bring a 20" loom kit, 6 skeins and hook to class.

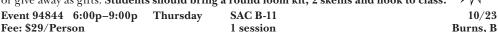
Event 94843 6:00p-9:00p Thursday SAC B-11 9/25 & 10/16 Fee: \$58/person 2 sessions Burns, B

SAC B-11

1 session

KNIFTY KNITTING (HAT)

Knitting is a craft that is easy, fun and relaxing. By applying the basic principles of casting on, stitching, looping and binding off, students will loom stylish accessories to keep, sell or give away as gifts. **Students should bring a round loom kit, 2 skeins and hook to class.**



OPEN MIC POETRY

6

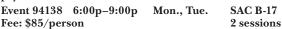
In this workshop, we will read and write poems in a safe, fun, and supportive environment. If you've never written a poem or if you've written hundreds of poems, you are welcome here. Our final meeting will be a live public reading of our poems. Be brave! Be a poet!

Event 94903 6:00p-8:30p Tuesday SAC B-11 9/23-10/21 Fee: \$49/person 5 sessions Russo, S

AUTOMOTIVE TECHNOLOGY

DMV APPROVED AUTO WHOLESALE BUSINESS

Come learn to make extra money buying and selling wholesale car as a home-based business; or, simply buy cars for your friends, family and co-workers at great wholesales prices. You can earn \$3000 just selling 3-4 cars a month. In this DMV approved course, you learn how to get your auto dealer license and how to operate a profitable used car business. Find out the how and where of buying at wholesale prices and how to sell at retail for very good profits. You'll get a FREE list of all the dealer-only auctions in the USA. You'll receive a DMV certificate of completion at the end of class. A \$20 material fee is payable at the door.





9/15 & 9/16 Williams, W

M

NEWS

M

NEWS

BUSINESS & CAREERS

HOW TO SELL ON EBAY

Do you have rooms, closets, drawers and garages full of items you re holding on to? Are you paying storage on items that no longer fit in your home? Why not make money and help others at the same time? Learn business savvy approaches on how to organize, categorize, write posts, and sell your items on eBay.

Event 94733 6:30p-8:30p Wednesday SAC I-106 10/01 & 10/08 Fee: \$59/person 2 sessions Greenspan, F

QUICKBOOKS ACCOUNTING & TAXES

Gain a marketable business skill or take control of your business finances by learning the basic concepts of Quickbooks. Topics include: customers, vendors, items, invoices; cash sales receipts; accounts receivable & payable; check and credit card transactions; receiving and depositing payments; reconciling financial reports. QuickBooks Pro is an accounting software application designed for the non-accountant in mind. Some accounting knowledge is recommended but not required.

Event 94763 6:00p-9:00p Thursday SAC A-222 10/23-11/20 Fee: \$89/person 4 sessions (no class 11/13) Figueroa, M

CASH IN WITH A SUCCESSFUL HOME-BASED BUSINESS

Are you tired of working for someone else? Do you need to increase your income? Turn your talents and hobbies into profit at home by learning how to start a part-time or full-time home-based business. During this comprehensive workshop, you will discover many details including: 100 home business ideas, mandatory legal documentation, effective ways to market your product or service, taking tax deductions (including this workshop), and free future individual Q & A opportunities. If you want to succeed in a home business, this step-by-step workshop is a must! A \$20 material fee is payable at the door.

Event 94169 6:00p-8:00p Thursday SAC C-202 9/18 Fee: \$29/person 1 session Krusemark, L

MAKE MONEY TYPING/WORD PROCESSING BUSINESS

If you can type, then you can make money at home using your computer. Following a review of the steps necessary to start a profitable, legal business at home, you will then discover the secrets to success in the word processing business. Prerequisite: How to Cash In With A Successful Home-Based Business. A \$10 material fee is payable in class.

Event 94173 8:00p-9:00p Thursday SAC C-202 9/18 Fee: \$15/person 1 session Krusemark, L

SELF PUBLISHING VS. TRADITIONAL PUBLISHING

Self Publishing is all the rage, but is it the best option for YOU? Once you self publish, then what? You will learn about the pros and cons of traditional publishing and all of the self publishing options, including vanity publishing, print on demand publishing, e-book publishing, and the Amazon options of Kindle Publishing and Create Space. You will also learn, how to find the best traditional publisher or the best self publishing company for your manuscript. A \$10 materials fee is payable to instructor at the door.

Event 94694 3:00p-4:00p Thursday SAC C-202 9/18 Fee: \$15/Person 1 session Krusemark, L

GETTING PUBLISHED

Did you know that Stephen King was rejected more than 75 times before he sold his first novel? If your goal is to become a published freelance writer, this comprehensive workshop will guide you to the editor's desk. Learn how to become a published writer, submit manuscripts the correct way, and write an irresistible query letter. Discover over 100 ways to make money as a freelance writer. A \$20 material fee is payable at the door.

Event 94166 4:00p-6:00p Thursday SAC C-202 9/18 Fee: \$29/person 1 session Krusemark, L

LET YOUR EMPLOYER SEND YOU TO CLASS!

...It may be as simple as asking

- Your employer will appreciate your desire to improve your skills.
- Put your request in a memo.
- · Attach the class description to your memo.
- Stress the benefits, emphasizing how it will help you perform better.
- Compare pricing and convenience your employer will be pleased to know they are making a small investment for a LARGE return.

BECOME A NOTARY PUBLIC

Start your own business, become a more valuable employee, provide customer service for your business or organization, earn additional income and get recommissioned. This intensive one-day seminar is designed to equip you with everything you need to know to become an effective Notary. You will find out about new legislation as well as how to pass the official Notary exam (must be taken every 4 years), identify document signers, keep a journal, fill out certificates and avoid lawsuits. The class includes a practice Notary Public Exam. A \$30 manual fee is payable to the instructor. PLEASE NOTE: Arrive early. Due to State regulations, no one will be admitted to the classroom after 8:30 a.m. You must be on time when returning to the classroom from breaks.

Event 94758 8:00a-6:00p Saturday SAC R-114 10/04 Fee: \$85/person 1 session Notary Public Seminars

NEW/RENEWING - NOTARY EXAM INFORMATION					
Registration:	4:00 – 5:00pm	Requirements:	Legal resident of California (military excluded)		
Exam:	5:00 – 6:00pm	Photograph:	2x2 passport color photo		
Payment:	\$40 check payable to Secretary of State	Age:	18+		
Identification:	Valid Driver's License or state issued ID with photo	Materials:	#2 pencil		
Live Scan Fingerprints required after you pass the exam.					

RENEWING NOTARIES-3 HOUR STATE REQUIRED

Renewing Notaries may take a three hour Approved Notary Refresher course. We will review all laws and regulations you are required to know to continue as a Notary. You must take the exam and be fingerprinted again. A 6 hour approved course must be taken first without a lapse in your commission." Commission is valid for 4 years. Serious conviction may disqualify applicant. A \$30 material fee is payable in class to the instructor.

Event 94759 12:45p-6:00p Saturday SAC R-114 10/04 Fee: \$49/person 1 session Notary Public Seminars

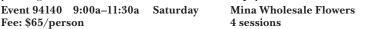
BECOME A LOAN SIGNING AGENT

California's real estate industry is in need of notaries and others who are interested in becoming loan document specialists. Topics will include: how to contact the most lucrative and profitable businesses, primary contacts, getting signed with successful services and agencies, and how to develop and build your own business. Learn to properly notarize loan packages. We will discuss how to negotiate your fee and advertise yourself in your market. Receive a free listing of 50 loan-signing companies that are looking for notaries. Participants awaiting Notary commission and/or exam results may register. A \$40 material fee for a resource book is payable at the door. An optional certificate of completion is available for \$20.

Event 94760 9:00a-4:00p Saturday SAC I-101 11/08 Fee: \$89/person 1 session Notary Public Seminars

BECOME A FLORAL DESIGNER

Students will learn principles of flower arranging including composition and color coordination. Course will cover topics such as proper usage of mechanical supplies, handling of flowers and foliages, flower and foliage identification, pricing of arrangements, and proper design techniques. Students will learn merchandising, marketing and pricing for their own home based business. Upon completion of all appropriate classes, students will be proficient enough to find employment in the floral industry or to start and maintain their own home based business. Students should bring a pair of pruning shears to class. A material fee of \$65 is payable to the instructor.



9/13-10/04 Asadirad, M

Mina Wholesale Flowers: 1918 E. Edinger Ave, Santa Ana

SMALL BUSINESS MANAGEMENT BOOT CAMP

Key strategies will be discussed that include: planning, financing, legal structures, business systems, personnel and marketing. Learn how to developing a working business plan that will increase profits, motivate investors, raise net worth while reducing risks and liabilities. Each participant will receive a certificate of completion at the end of class. **A \$30 material fee is payable at the door to the instructor.**

Event 94736 6:30p-9:30p Tuesday SAC B-20 9/23-10/21 Fee: \$225/person 5 sessions Konstant, E

REGISTER EARLY!

Classes may fill quickly or cancel due to low enrollment.

MAKEUP 101

Makeup 101 is for people who want to learn the basic steps to be your own makeup artist. This class will educate you in makeup application and foundation selection, including a basic understanding of face shapes, bone structures, hues and what eye shadows to use. The class will cover day and evening looks, plus natural bold and trendy runway looks. You will learn how to correct and reshape brows, as well as how to apply eye lashes. You will learn blending techniques, shading and contouring to create the most glamorous looks. A step by step application will be supervised by the instructor. Each student will receive a certificate of completion. A \$30 makeup kit fee is payable at the door. (Cash only)

Event 94740 9:00a-11:30a Saturday SAC I-102 11/15 Fee: \$65/person 1 session Jackson, M

ASSERTIVENESS SKILLS FOR SUCCESS

You can become a more effective communicator in your marriage, friendships and business relationships. Develop assertive communication skills, build your self-esteem and confidence, learn to say "No" without feeling guilty, and identify what you want and go after it. Learning to assert yourself will enhance your chances for happiness and success in everyday living. A \$30 material fee is payable to instructor at beginning of class, for book, CD and handout.

 Event 94764 7:00p-9:00p
 Wednesday
 SAC I-106
 10/15

 Fee: \$29/person
 1 session
 Lazaris, N

THREADING FROM A TO Z

Attention Beauty Professionals, Students, and anyone with an interest in the latest beauty trends! Introducing a new opportunity that is too good to miss- Threading A to Z! Learn how to perform the most sought after form of hair removal and eyebrow shaping in this comprehensive, hands-on course! Students will receive a threading kit, containing necessary tools for threading, as well as a certificate upon course completion. This is a great way to broaden your skills and stay ahead of the curve! The demand for threading practitioners continues to grow, so sign up today! A \$15 material fee is payable to the instructor.

Event 94762 6:30p-8:30p Monday SAC B-24 9/29 & 10/06 Fee: \$75/person 2 sessions Mikhael, S

PROFITABLY MANAGE RENTAL PROPERTIES

Looking to cash in on the sub-prime pricing? Planning on purchasing rental property? Thinking about property management as a new career? Buying low cost property and renting is a great way to create wealth and constant cash flow, but it can be tricky and non-productive. In this class you will learn how to: Keep the property profitably rented; Collect rents, enforce penalties and evictions; Decide whether to perform maintenance yourself or sub-contract it; Establish profitable rates for fees, rentals, and penalties; And much more. A \$35 material fee is payable to the instructor in class for a workbook and resource guide for managing and maintaining rental properties.

Event 94737 6:30p-9:30p Tuesday SAC I-209 10/07 Fee: \$49/person 1 session Larkin, P & K

VOICE-OVERS: YOU'RE ON THE AIR

In what could be the one of most enlightening 2 hours you've ever spent, this class will show you how YOU could actually begin using your speaking voice for commercials, films, videos and more! Most people go about it the wrong way. In this class, you will learn about a unique, outside the box way to cash in on one of the most lucrative full or part-time careers out there! This is a business that you can handle on your own terms, on your own turf, in your own time, and with practically no overhead! And NOW is the best time to make this happen as new companies are looking for new voices like never before. This exciting and fun class could be the game changer you've been looking for!



 Event 94156 6:30p-8:30p
 Thursday
 SAC I-103
 10/30

 Fee: \$29/person
 1 session
 Such A Voice

RÉSUMÉ WRITING & INTERVIEW PREP

Are you seeking employment? Are you looking for promotional opportunities within your organization or elsewhere? When was the last time you updated your resume? Do you struggle with job interviews? This seminar will cover job searching, résumé improvement with emphasis on business writing, and the do's and don'ts of the interview process. **Participants should bring their résumé and cover letter to class.**

Event 94911 9:00a-12:00p Saturday SAC I-109 9/27 Fee: \$29/person 1 session Gonzalez, S



Be Prepared!

We offer Basic First Aid, Adult, Child & Infant CPR. See Page 17



INFINITE POSSIBILITIES

In this 4 week course, you will receive the guidance, tools and support you need to live life deliberately. You will learn how to successfully use the power of your thoughts, and your words, attitudes, beliefs, and actions, to create the positive change you desire. You will practice time-tested tools and techniques to clarify your vision of what is possible, and enhance your ability to make new, empowered choices. You will improve your ability to honor your commitments to yourself, and take inspired actions that move you in the direction of your goals and dreams. Each week you will learn new techniques to enhance your success, and clear any perceived blocks and barriers to creating and living a life you absolutely love. A \$18 material fee is payable in class.

 Event 94985 6:30p-8:30p
 Tuesday
 SAC B-17
 9/30-10/21

 Fee: \$120/person
 4 sessions
 Conley, D

OVERCOME FEAR OF PUBLIC SPEAKING

Is your public speaking anxiety limiting your personal, school or career goals? Join Performance Psychologist Dr. Nick Lazaris as you learn the essential skills necessary for controlling unpleasant physical and emotional reactions. Discover key techniques to reduce speech anxiety and gain confidence. You can turn your fear of public speaking into energized performances every time. A \$30 material fee for DVD, CD and workbook is payable in class.

Event 94848 7:00p-9:00pWednesdaySAC I-20910/01Fee: \$29/person1 sessionLazaris, N

MAKEUP ARTISTRY CERTIFICATION

This in depth course will cover color theory, skin analysis, contouring and highlighting, shaping/correcting brows, fake eyelash application and how to chose the correct products and tools for the required look. You'll learn classic beauty/bridal, glamour, Smokey eye, and fantasy make-up techniques. Course will cover areas of employment opportunities, networking and how to market yourself as a make-up artist. Students will have a fundamental basic understanding of make-up artistry techniques in order to pursue a career as a make-up artist. Students that complete all sessions will receive a certificate of completion. There is a \$50 material payable in class to instructor.

 Event 94761
 6:00p-10:00p
 Mon., Wed.
 SAC B-20
 9/22-10/08

 Fee: \$295/person
 6 sessions
 Greville, N

GARMENT CONTRACTOR

This class is designed for Apparel Garment Contractors to develop the tools to create a more profitable business. This includes learning how to analyze production capacity, determine labor pricing and prepare bids to present to potential customers. In addition, participants will gain an understanding of state labor laws, licensing requirements, OSHA regulations of the Fair Labor Standards Act.

89849	9:00a-5:00p	Saturday	SAC I-101	9/20
Fee: \$150/j	person	•	1 session	Minjares, L
89850	9:00a-5:00p	Saturday	SAC I-101	10/18
Fee: \$150/ _]	person		1 session	Minjares, L
89852	9:00a-5:00p	Saturday	SAC I-101	11/15
Fee: \$150/ _]	person		1 session	Minjares, L
89854	9:00a-5:00p	Saturday	SAC I-101	12/13
Fee: \$150/1	person	-	1 session	Minjares, L

ALCOHOL & DRUG COUNSELOR CERTIFICATE TRAINING PROGRAM

This is the first of seven course modules needed to become a California Alcohol and Drug Abuse Counselor. This course covers alcohol/drugs and their impact on personal lives, families, and on society. Content includes cultural and lifestyle issues, treatment and recovery approaches, emotions, motivation, family dynamics, and the skills needed to become a Substance Abuse Professional. A \$10 material fee is payable in class to the instructor.

Event 94912 9:00a-4:00p Saturday 9/27-11/8 9:00a-12:00p SAC A-210 9/27-11/8 SAC A-210 11/15 Fee: \$700/Person 8 sessions Sommer, N

SECRETS OF PUBLIC SPEAKING

Winning with influence will give you the skills to become a more influential communicator across the board at your place of business, at home, and in the classroom. Topics covered are developing active listening skills, learning to read signals, public speaking secrets, understanding and relating to your audience, finding common ground, the power of storytelling and communication etiquette in all forms. A \$10 material fee is payable in class to the instructor.

Event 94931 10:00a-3:00p Saturday SAC I-101 10/18 Fee: \$39/Person 1 session Marcouillier, D

ACHIEVING YOUR GOALS

This fun, engaging, class teaches how to use the discipline of goal setting to achieve what you want. These techniques will assist you with all of your goals and dreams - health, income, relationships, career, education, or something completely unique to you. You will design a personal action plan and discover how to live a life by design. A \$10 material fee is payable in class.

 Event 94932 10:00a-2:00p
 Saturday
 SAC I-101
 12/06

 Fee: \$39/Person
 1 session
 Marcouillier, D

Registration for **ALL** College For Kids events must include a completed Medical/Waiver Release form, located on the inside back cover.

COLLEGE FOR KIDS & TEENS

YOUTH MARTIAL ARTS (AGES 10-15)

This is an introductory Martial Arts class, introducing younger students to respect, discipline, self-control, communication, organization and decision making. We will cover age appropriate self-defense techniques, kicks, punches, blocks, and fun physical training!

 Event 94900 4:30p-5:30p
 Friday
 SAC W-107
 9/19-10/24

 Fee: \$59/person
 6 sessions
 Bishop, J



Solid reading comprehension skills are the backbone of any student's academic success. This class will focus on fluency and comprehension. In addition to learning strong pre-reading skills, basic critical thinking, and how to use context clues, students will also have opportunities to engage in a variety of reading activities designed to address various learning styles. Students will increase their thinking skills as well as their ability to engage and interpret what they read. **A \$10 material fee is payable in class to the instructor.**

Event 94782 4:00p-5:00p Tue., Thurs. SAC I-109 10/21-11/18 Fee: \$89/person 8 sessions (no class 11/11) Alpine Tutoring



This class is for middle school students who have or will attend 6th, 7th or 8th grade. This class will focus on teaching students to organize and create cohesive essays and short research based writing projects. In addition to strengthening the entire writing process, this class will give students a solid understanding of specific essay formats such as persuasive, expository and narrative. Students will have opportunities to participate in class as well as individual writing exercises. **A \$10 material fee** is payable in class to the instructor.

Event 94783 5:00p-6:00p Tue., Thurs. SAC I-109 10/21-11/18
Fee: \$89/person 8 sessions (no class 11/11) Alpine Tutoring

ONLINE DRIVER'S EDUCATION (AGES 15+)

Independence is just a click away. Complete your Driver's Education requirement from home on your computer. This is an interactive, online course with videos and animated driving scenarios. Learn the rules of the road, driver responsibility, DMV procedures and much more. Receive DMV-approved Certificate of Completion. A licensed instructor is available to answer any questions. Sign up anytime.

Event 94785 Online Instruction Fee: \$49/person Safety Driver's Ed.

BASKETBALL CAMP (AGES 10+)

This camp welcomes both girls and boys to experience the benefits of learning the game of basketball. Practice will consist of ball-handling, dribbling, shooting, passing, rebounding, offense and defense drills. Each player will learn the importance of teamwork, working hard, while developing character, self-esteem and meeting new friends. Campers should bring their own basketball, a bottle of water and small towel each day to class.

 Event 95015 7:15p-8:30p
 Thursday
 SAC G-105
 9/11-10/30

 Fee: \$45/person
 8 sessions
 Wakefield, R

TIPS FOR PARENTS

- Students are expected to abide by the rules of conduct for SAC students.
- Supervision in not provided before or after class.
- Check your child into class and promptly pickup your child after class.
- · Orient your child to the location of classrooms & restrooms.
- 30 minute Visitor Parking, Lot #3, is available to drop off & pick up students.





PARENTS

Please make sure you check your child in at his/her class and pick them up promptly after class.

SAT PREPARATION WORKSHOP

In this comprehensive preparation course, you will review all subsections of the SAT. Critical Reading Section consists of reading comprehension and sentence completions. The Writing section covers sentence, paragraph, and essay structure. The Mathematical Section reviews basic Arithmetic, Algebra, Geometry, student produced response, and calculator use. Learn valuable test taking strategies that include confidence building, reducing test anxiety, guessing tactics, pacing, and process of elimination. Each student will receive The Official CollegeBoard SAT Study Guide. Bring pen, pencil, calculator and sack lunch.



10/18 & 10/25 Alpine Tutoring

Event 94850 9:00a-3:00p Saturday SAC I-104 Fee: \$115/person 2 sessions

EARLY READER (AGES 6 & 7)

This class is for students who have or will attend 1st or 2nd grade. Solid reading skills are the backbone of any student's academic success. This class will focus on building phonics skills, sight word vocabulary, fluency and comprehension. Students will have opportunities to engage in a variety of reading activities designed to address various learning styles, and increase foundational reading skills. A \$10 material fee is payable in class to the instructor.

 Event 94780 4:00p-5:00p Mon., Wed.
 SAC I-109
 10/20-11/12

 Fee: \$89/person
 8 sessions
 Alpine Tutoring

WRITING ACADEMY (AGES 6 & 7)

This class is for elementary school students who have or will attend 1st and 2nd grade. This class will focus on teaching students to improve their spelling and handwriting skills, as well as learn how to write complete correct sentences. In addition to strengthening vocabulary, and sentence structure, this class will also strengthen reading skills, grammar and self expression. Students will have opportunities to participate in classroom as well as individual writing exercises. A \$10 material fee is payable in class.

Event 94781 5:00p-6:00p Mon., Wed. SAC I-109 10/20-11/12 Fee: \$89/Person 8 sessions Alpine Tutoring

STUDY SKILLS (AGES 12-17)

Does your student have trouble figuring out what homework they are responsible for, how to complete it, where it is, how to keep it organized, and when it is due? Is he or she lost when it comes to test taking and test preparation skills? This course is designed to help students gain organizational skills needed to reach their academic potential, how to develop an individualized system tracking homework; strong test preparation skills, and a study environment that encourages focus and productivity. A \$15 material fee is payable to the instructor.

Event 947862:00p-5:00pSaturdaySAC I-10110/04Fee: \$35/person1 sessionAlpine Tutoring

COMPUTERS

DIGITAL PHOTOGRAPHY

Don't just take snapshots; create images! Learn how to operate and get the most out of your digital camera. Whether you have a point-and-shoot, or digital SLR, you'll learn how to move from automatic mode to creative mode. In this course you'll explore the various functions and settings available on your camera. Get tips on taking great portraits, sports shots, and landscapes. By the end of the day you will have a much better understanding of your camera and its settings. Bring your digital camera, and your manual.



S B-17 9/17 ssion Crowley, D

Event 94766 6:00p-10:00p Wednesday SAC B-17 Fee: \$44/person 1 session

REFUND & TRANSFER POLICY

- Refund & transfer requests are accepted 3 business days prior to class and are subject to a \$10 processing fee per person, per class.
- Refunds are not issued after class is held.

COMPUTER BASICS

Used a computer for years but never learned the basics? Never used a computer? Learn current computer terminology, identify computer components, proper use of USB/jump drives, file size measurement, and helpful tips to make using the computer easier and faster.

 Event 94773
 1:00p-5:00p
 Saturday
 SAC A-224
 9/06

 Fee: \$44/person
 1 session
 Dumon, D

MICROSOFT OFFICE APPLICATIONS

Word, Excel and PowerPoint are the most common applications used in business today. This class will help you to be a more productive user of these Microsoft Office applications. We will focus on creating professional looking PowerPoints and Word documents as well as making sure you can use Excel successfully. Software covered: The latest version of Microsoft Office suite - Word, Excel, & PowerPoint. To save files, students should bring a Jump/Flash Drive for USB port.

 Event 94765
 9:00a-3:00p
 Saturday
 SAC A-226
 9/13

 Fee: \$79/person
 1 session
 Crowley, D

EMAIL, CALENDAR ESSENTIALS USING OUTLOOK

Do you have hundreds of e-mails in your Inbox? This class is for you! Learn more efficient methods to composing your e-mails, attaching photos/documents, how to organize your saved e-mails by using folders, maintain a clean and empty inbox, backup your email, add contacts to address book, and send to a group distribution list. This class is helpful to beginners and novice e-mail users.



 Event 94774
 1:00p-4:00p
 Saturday
 SAC A-224
 9/20

 Fee: \$39/person
 1 session
 Dumon, D

PHOTOSHOP FUNDAMENTALS

Photoshop is the most advanced photo and artwork manipulation program on the market today. Learn how to sharpen and color correct your photographs, combine two or more photos into one, use filters and add text with a personal touch. Basic computer knowledge is recommended. **Bring a jump/flash drive for USB port to class.**

Event 94767 9:00a-3:00p Saturday SAC A-226 9/27 Fee: \$79/person 1 session Crowley, D

INTRO TO MICROSOFT WORD

Learn the most efficient methods to creating, editing, formatting, and printing letters and other documents. Beginners as well as experienced Word users will benefit from learning shortcuts and tips to make word processing easier and faster to use for home and work. **Bring a USB/jump drive to class.**

Event 94775 1:00p-5:00p Saturday SAC A-224 10/04 Fee: \$44/person 1 session Dumon, D

INTRO TO MICROSOFT EXCEL

This class will cover the proper techniques to create, format, and edit spreadsheets for both business and personal use. Learn to sort and calculate your data easily. Create a graphical view of your data such as pie, line, and bar charts with color and 3-D effects. Learn how to do all these features with easy shortcuts, menus, and wizards. Basic computer and word processing knowledge is recommended. **Bring a USB/jump drive to class.**

Event 94776 1:00p-5:00p Saturday SAC A-224 10/18 Fee: \$44/person 1 session Dumon, D

DESIGN A WEBSITE USING ADOBE DREAMWEAVER

This hands-on class will provide the basics in creating, editing, and publishing a web site for business or personal use. Topics include site map planning, proper layout with CSS, links, and preparing your graphics for web use using Photoshop. The instructor is a fulltime senior web designer providing tips on search engine optimization (SEO), effective web design, and more. Prerequisite: Proficient knowledge in Microsoft Word required. **Bring a USB/jump drive to class.**

Event 94777 9:00a-3:30p Saturday SAC A-226 10/25 Fee: \$79/person 1 session Dumon, D

iPHONES, iPADS, AND I'M LOST

Today's iPhone® and iPad® do so much more than simply make phone calls or send text messages. With either of these new devices you now have a computer, Web browser, eBook reader, personal organizer, and more - all in your hand! In this entertaining class, you will learn how to set up your iPhone® and/or iPad® for email, texting, WiFi networks, and Bluetooth and how to best sync with your computer using iTunes®. You also will discover how to take terrific photos and send them to friends, install apps, and figure out the best apps to make your iPhone® and/or iPad® smarter. A \$20 material fee is payable in class.

Event 94778 6:30p-9:30p Thursday SAC I-103 11/13 Fee: \$39/person 1 session Cohen, R



Career Training Programs

Prepare for employment in some of today's hottest careers with a comprehensive, affordable, and self paced online Career Training Program. You can begin these Programs at any time. Upon successful completion of all required coursework, you will receive a Certificate of Completion.

Online Courses

Our instructor-led online courses are informative, fun, convenient, and highly interactive. We focus on creating warm, supportive communities for our learners. New course sessions begin monthly. Visit our website to view start dates for the courses that interest you.

Courses begin September 17, October 15, November 12, and December 10

Features:

- Facilitators and mentors are available to answer questions and help you through your studies
- Career Counselors will help you prepare for the transition from the classroom to the workplace

Programs are available in the following areas:

- · Business and Professional
- · Healthcare and Fitness
- Management and Corporate
- Media and Design
- · Hospitality and Gaming
- Skilled Trades and Industrial
- IT and Software Development
- · Courses are all open-enrollment and self paced
- All materials, workbooks, and software are included
- · Payment plans available

Pharmacy Technician

This nationally recognized Pharmacy Technician training program teaches the skills needed to gain employment as a Pharmacy Tech in either the hospital or retail setting.

Medical Coding and Billing

Upon successful completion of the Medical Billing and Coding program, students will be prepared for an entry-level position doing medical billing or coding.

Medical Transcription

This nationally recognized medical transcription online course and training program prepares you to start a new career as a medical transcriptionist.

Six Sigma Black Belt

Course material provides an in-depth look at the Six Sigma Black Belt DMAIC problem-solving methodology, as well as deployment and project development approaches.

Features:

- Courses run for six weeks (with a 10-day grace period at the end).
- Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more.

How to Get Started:

1. Visit our Online Instruction Center:

www.ed2go.com/saccomserv

- Click the Courses link, choose the department and course title you are interested in and select the Enroll Now button. Follow the instructions to enroll and pay for your course. Here you will enter your e-mail and choose a password that will grant you access to the Classroom.
- When your course starts, return to our Online Instruction Center and click the Classroom link. To begin your studies, simply log in with your e-mail and the password you selected during enrollment.

Introduction to Microsoft Excel

Discover the secrets to setting up fully formatted worksheets quickly and efficiently.

Introduction to Microsoft Access

Store, locate, print, and automate access to all types of information.

Introduction to Microsoft Word

Learn how to create and modify documents with the world's most popular word processor.

Introduction to PowerPoint

Build impressive slide presentations filled with text, images, video, audio, charts, and more.

Creating Web Pages

Learn the basics of HTML so you can design, create, and post your very own site on the Web.

MORE PROGRAMS AND COURSES AVAILABLE AT THESE WEBSITES

www.gatlineducation.com/saccomserv www.ed2go.com/saccomserv



CULINARY ARTS

FALL COOKING WITH TARLA

Students will learn to prepare a variety of delicious three course meals from Cordon Bleu chef Tarla Fallgatter. Come ready to sample delectable recipes and take home an abundance of ideas to share with family and friends. Different menus will be prepared at each meeting. **A \$12 material fee is payable at the door.**

Event 94787 10:00a-12:00p Saturday	SAC T-212	10/11
Fee: \$30/person	1 session	Fallgatter, T
Event 94788 10:00a-12:00p Saturday	SAC T-212	11/15
Fee: \$30/person	1 session	Fallgatter, T

JUICING FOR LIFE

This class will teach the basics of juicing and blending both fruits and vegetables with tasty combinations to sample. Learn about juice flushing for health, weight loss, detoxification and vitality. Come to this class if: you have a juicer or vitamix hidden in your kitchen; you would rather DRINK your vegetables than eat them; you would like to buy a juicer, but want more information before making this major purchase; would like new and fresh recipes; quick and easy breakfast or lunch solutions. A \$20 material fee is payable in class.

 Event 94790 2:00p-5:00p
 Saturday
 SAC T-212
 10/11

 Fee: \$29/person
 1 session
 Sobel, B



DANCE

BEGINNING SALSA

In this class you will learn the fundamentals of salsa dancing, including timing, 9 different positions of basic step, weight change, body position, lead and follow, plus simple but fun dance patterns. No partner is necessary, as we will change partners frequently. Casual dress, tennis or soft soled shoes only; hard heels are not permitted.

 Event 94791 7:15p-8:15p Monday
 SAC W-107
 9/8-10/13

 Fee: \$59/person
 6 sessions
 Rivera, R

BELLY DANCE (AGES 16+)

Discover the exhilarating and very expressive art form of Belly dance while developing flexibility, grace and fitness. Students will be introduced to basic Arabic rhythms and movements that range from fast and dynamic shimmies to slow and sensual veil, cymbals and drum routines. Bring an exercise mat or towel to class. A \$20 material fee is payable in class for finger cymbals.

Event 94895 7:00p-8:30p Wednesday Mendez Fundamental, Room 102 8/27-10/01 Fee: \$59/person 6 sessions Miranda

Mendez Fundamental, 2000 N. Bristol St., Santa Ana

COME OUT SWINGIN' EAST COAST STYLE

Derived from the all American dance Lindy Hop of the big band era, East Coast Swing is easy to learn and loads of fun. It is very versatile and can be danced to a wide variety of music from Country to Night Club. No partner needed as we will change dance partners frequently. Casual dress, tennis or soft soled shoes only; hard heels are not permitted.

Event 94794 7:00p-8:15p Tuesday Mendez Fundamental, Room 102 10/28-12/16 Fee: \$59/person 6 sessions (no class 11/11 & 11/25) Potter, J

Mendez Fundamental, 2000 N. Bristol St., Santa Ana

CARIBBEAN & LATIN DANCE

Welcome to the beautiful world of Caribbean and Latin dances. In this workshop you will learn basic steps and moves of Salsa-L.A. style, Bachata and Cumbia. Partners are welcome but not required. Individual attention will be given to each participant.

Event 94838 7:00p-8:30p Friday SAC W-107 9/12-11/21 Fee: \$64/person 10 sessions (no class 11/7) Figueroa, M

ADVANCE SALSA

Make the move to continue the fun! This class is for the participant who knows their basic, right/left turns and cross body lead of Salsa. You will learn performance routines, footwork, spins, wraps and turns. Partners are welcome but not required. Individual attention will be given to each participant. Casual dress, tennis or soft soled shoes only; hard heels are not permitted.

Event 94840 8:30p-10:00p Friday SAC W-107 9/12-11/21 Fee: \$64/person 10 sessions (no class 11/7) Figueroa, M

STRICTLY TANGO

Tango is the Latin dance of passion that makes the dance floor sizzle. We will explore the dance through a fusion of Argentine, American and International styles. A partner is not required as we will change dance partners frequently. Casual dress, tennis or soft soled shoes only; hard heels are not permitted.

Event 94793 7:00p-8:15p Tuesday Mendez Fundamental, Room 102 9/16-10/21 Fee: \$59/person 6 sessions Potter, J

Mendez Fundamental, 2000 N. Bristol St., Santa Ana

BACHATA

Bachata is a dance from the Dominican Republic in the Caribbean islands. Both the music and the dance have been influenced by Cuban Bolero and Merengue. Come and learn the basics of this world wide popular dance with Salomon Rivera.

Event 94841 7:15p-8:15p Monday SAC W-107 10/27-12/1 Fee: \$59/Person 6 sessions Rivera, R

HEALTH, FITNESS & BEAUTY

YOGA-BODY & SPIRIT IN MOTION (AGES 16+)

Learn how to relax and get your body in tune with your mind. This beginning yoga class is designed to help both men and women learn postures that tone, firm and limber the body. Learn postures and exercises that help relieve tension, release stress and anxiety, give you more energy, help control weight, and improve blood circulation. Wear loose clothing and bring an exercise mat or towel to class.

Event 94958 6:00p-7:30p Monday Mendez Fundamental, Room 102 9/29-12/1 Fee: \$69/person 8 sessions (no class 11/10 & 11/24) Buonanotte, P

Mendez Fundamental, 2000 N. Bristol St., Santa Ana

ZUMBA FITNESS

Join this Latin-inspired dance fitness program that blends red-hot international music. It's an exhilarating, effective, easy-to-follow calorie-burning dance fitness party that's moving millions of people toward fitness.

 Event 94842
 9:00a-10:00a
 Saturday
 SAC W-107
 8/30-10/4

 Fee: \$25/person
 6 sessions
 Rivera, R

 Event 94792
 9:00a-10:00a
 Saturday
 SAC W-107
 10/18-11/22

 Fee: \$25/person
 6 sessions
 Rivera, R

PARKING POLICY

Daily parking permits are required & available for \$2.00 (coin or dollar) in Lots 6, 7, 9, 11 and 12.

Off site campus parking is free.

CPR/AED: ADULT, CHILD & INFANT

The ability to perform CPR properly is a lifesaving skill that everyone can benefit from learning. This American Safety and Health Institute (ASHI) course is OSHA approved and covers CPR and the Heimlich Maneuver for adults, children and infants. Participants will also learn how to use an AED (Automatic External Defibrillator). In addition, each participant will have his/her own 2 manikins on which to practice. Participants will receive a certification card which is valid for 2 years. Participants should bring a self-addressed stamped envelope, pen and a \$15 material fee (workbook, certification card, supplies) to class. Please Note: This is not a Healthcare Provider level course.

Event 94851 12:30p-3:00p Satur	rday SAC B-11	10/4
Fee: \$25/person	1 session	Bradley, S
Event 94852 12:30p-3:00p Satur	rday SAC B-11	12/6
Fee: \$25/person	1 session	Bradley, S

BASIC FIRST AID

The American Safety and Health Institute (ASHI) course is OSHA approved and recommended for anyone interested in learning the basics when it comes to handling some of life s more common emergencies. This course covers how to treat bleeding, burns, shock and much more. Participants will receive a First Aid card valid for two years. Participants should bring a self-addressed stamped envelope, pen and a \$15 material fee (workbook, certification card, supplies) to class.

Event 94853 3:00p-5:00p	Saturday	SAC B-11	10/4
Fee: \$25/person	•	1 session	Bradley, S
Event 94854 3:00p-5:00p	Saturday	SAC B-11	12/6
Fee: \$25/person	-	1 session	Bradle,y S

HEAD, NECK, SHOULDER MASSAGE

This hands-on stress relief workshop will focus on basic massage techniques used in a professional massage. Students will be taught a 30-minute massage routine to reduce tightness and minor aches and pains in high tension areas of the head, neck and shoulders. Students will practice massage techniques on each other. You will leave ready to practice on family, friends or clients. BRING a towel and wear comfortable clothing that will allow you to bare your neck. **A \$5 material fee is payable in class to the instructor**

 Event 94879
 9:00a-12:00p
 Saturday
 SAC I-102
 9/20

 Fee: \$39/person; \$59/couple
 1 session
 Sobel, B

OPEN COURT BADMINTON

Welcome to the World of Badminton! This course is for men and women of all playing levels. Students will learn game technique, terminology, rules and regulations while having fun, meeting new people, and strengthening skills. Teams will be organized to play single, double and mixed matches. The best thing is you don't need a partner to participate. Students must bring their own racquet.



Event 94855 6:00p-10:00p Saturday SAC G-105 8/30-11/15 Fee: \$29/person; \$49/couple 12 sessions Tran, C

AN EVENING OF MASSAGE

Join us for a fun filled evening of good touch, great ideas and wonderful relaxation. Enjoy this class in a comfortable spa-like setting with dim lighting and relaxing music. Experience giving and receiving a head-to-toe massage. Couples attending together will practice together. Singles will be paired with another single at the class. A light snack will be served between massages. Take home notes will ensure your continued success. Bring your partner, friend or just come yourself. Everybody who takes this class loves it! Participants should BRING 2 sheets and a pillow; wear comfortable clothing and bring a bathing suit. A \$5 material fee is payable to the instructor.

Event 948786:00p-10:00pFridayLincoln Institute9/19Fee: \$39/person; \$59/couple1 sessionSobel, B

Lincoln Institute: 202 W. Lincoln Ave., Suite A, Orange

MARTIAL ARTS

This is an in-depth look and instruction into practical self defense and an introduction into Ba Gua Kung Fu. This class is for both beginners in Martial Arts and for advanced students as well. Participants will learn proper stance, basic striking, and kicking, as well as practical techniques to defend against most other Martial arts. Ba Gua Kung Fu is a soft internal style, where the student will learn to train their mind, and emotions as well as their body, for all the issues life may confront you with. Each class will include a moderate to intense warm up exercise period, instruction, group work, and a cool down period.

 Event 94898 7:00p-8:00p
 Friday
 SAC W-111
 9/19-10/24

 Fee: \$59/person
 6 sessions
 Bishop, J

WOMEN'S SELF DEFENSE (AGES 13+)

This course gives practical instruction in self defense, escaping techniques and basic martial arts essentials such as punching and kicking. Students will work on real life scenarios; discuss decision making and preventative strategies to avoid hostile and dangerous situations. Each class will include a mild warm-up and group work..

 Event 94847 6:00p-7:00p
 Wednesday
 SAC W-111
 9/19-10/24

 Fee: \$59/person
 6 sessions
 Bishop, J

KICK YOUR CRAVINGS

This seminar teaches people who find themselves eating unhealthy or avoiding exercise, how to automatically start enjoying a healthy lifestyle. Transform your body with healthy foods and join this intensive workshop today.



 Event 94893 7:00p-9:00p
 Tuesday
 SAC I-104
 9/9-10/28

 Fee: \$79/person
 8 sessions
 Larsen, J

OVERCOME ANXIETY AND PANIC

If you experience intense fear, rapid heartbeat, difficulty breathing, fear of losing control, dizziness, feel like you are going crazy or going to die, then join us to learn more effective ways to overcome anxiety and panic. You will learn: How to identify the underlying causes of panic and anxiety; The keys to developing more effective bodily responses to stress/anxiety and; The secrets of powerful thought responses to stress. A \$30 material fee is payable in class for DVD, CD, and handouts.

 Event 94849 7:00p-9:00p
 Monday
 SAC I-104
 11/10

 Fee: \$29/person
 1 session
 Lazaris, N

ANGER MANAGEMENT

Behavior prompted by emotions is often irrational. Behavior can be selected by what is good for us and what is in our best interest. We make a decision to become aware of what we feel, by consciously identifying those emotions and thinking about the effects of our behavior. Participants will be encouraged to change their behavior by selecting appropriate responses and being knowledgeable of different choices.

Event 94904 9:00a-4:00p	Saturday	SAC I-209	9/27
Fee: \$150/person	•	1 session	Sommer, N
Event 94905 9:00a-4:00p	Saturday	SAC I-201	10/25
Fee: \$150/person	-	1 session	Sommer, N
Event 94906 9:00a-4:00p	Saturday	SAC I-201	11/15
Fee: \$150/person		1 session	Sommer, N
Event 94907 9:00a-4:00p	Saturday	SAC I-201	12/13
Fee: \$150/person	•	1 session	Sommer, N

LANGUAGE

BUSINESS SPANISH (AGES 16+)

This class is designed for beginning to intermediate level Spanish learners who are also working professionals. Students will learn pragmatic language geared towards authentic professional business situations. Emphasis will also be placed on proper pronunciation, practical grammar, phrases and expressions. Students will have the opportunity to practice their Spanish skills in a variety of practical, real life group and solo activities drawn from on the job situations. A \$10 material fee is payable in class.

 Event 94880 7:00p-9:00p
 Tuesday
 SAC B-18
 9/23-10/21

 Fee: \$59/person
 5 sessions
 Alpine Tutoring

MONEY MATTERS & INVESTMENTS

FINANCIAL WELLNESS WORKSHOP

This interactive, educational workshop teaches fundamental financial principles. What's complex and boring becomes simple and interesting. Learn how to establish a solid financial portfolio, understand Rule 72, avoid credit card traps, eliminate debt and protect the future stability of your loved ones. Make wise decisions with your money by learning the facts. Light refreshments will be served.

Event 94997 6:30p-7:30p Wednesday SAC I-106 9/24 Fee: \$25/person; \$38/couple 1 session Donikowski, K

Check out Travel Tours on page 21



INVESTMENT BOOTCAMP

As you know, the key to successful investing is knowledge. This class is an excellent opportunity to obtain information you need to make wise decisions and protect your investment portfolio. You will learn the safety of your invested principal; manage risk effectively; reduce income taxes using tax-favored investments; protect your retirement accounts: IRA's, 401k's, pensions and more. Get insightful answers to practical questions regarding interest rates, oil and gas prices, the economy, real estate and the stock market.

Event 948756:30p-9:30pWednesdaySAC B-1710/8Fee: \$39/person; \$59/couple1 sessionO'Connell, J

MASTER YOUR INVESTMENT

Learn how to invest intelligently and profitably so that you can secure your financial future! Topics include how to: Construct an investment portfolio designed to help you achieve your personal financial goals; Gain an understanding of stocks, bonds, mutual funds, tax-deferred annuities, life insurance and long term care insurance, Evaluate which of these investments can maximize returns, minimize risk, and lower your taxes; Create diversifications through REIT's, gold and other commodities, Read the financial pages and understand the language of the stock market; Recognize the common characteristics shared by successful investors. This class is a must if you invest, or are thinking of investing, in an IRA, tax-deferred annuity, gold, stocks, bonds, or mutual funds!

Event 94874 6:30p-9:00p Tuesday SAC B-17 10/28 & 11/4 Fee: \$44/person; \$66/couple 2 sessions O'Connell, J

MAXIMIZE YOUR SOCIAL SECURITY

The average retiree can leave tens of thousands of dollars on the table simply because they don't understand how to optimize their Social Security Benefits – Don't be one of them! Join us for this informative and easy to understand class where we explore ways to maximize your Social Security Benefits. This class is designed to assist someone who is not yet receiving their Social Security benefit, but plans to soon, or for someone who has started receiving payments within the last year.

Event 94876 6:30p-9:00p Tuesday SAC B-19 9/30 Fee: \$35/person; \$52/couple 1 session O'Connell, J

CREDIT RESCORING

Stop collection calls INSTANTLY! Obtain step by step guidance from the federal law to erase defective entries on your credit report. Restore your good name using lawyer approved letters to rebuild your credit. Settle debts using a negotiating script to protect and recover your credit worthiness. A \$30 material fee is payable in class.

Event 94860 6:30p-10:30p Tuesday SAC B-15 10/28 Fee: \$49/person 1 session Konstant, E

SOCIAL SECURITY PITFILLS

Hidden deep within the 2700+ rules in the social security handbook are a number of pitfalls that are not obvious to the average benefit recipient. This class is designed to bring clarity to some of the confusing rules and help you avoid forgoing thousands of dollars over your lifetime. It is not enough to learn how to maximize your Social Security benefits; you have to also learn how to identify the warning signs. John Pak, CFP de-clutters the myriad of interpretations of some of the rules straight out of the handbook by sharing real-life cautionary tales.

Event 94863 6:30p-8:30p Thursday SAC I-103 10/9 & 10/16 Fee: \$39/person; \$59/couple 2 sessions Pak, J

Register day or night online @ www.sac.edu/cms













REAL ESTATE

BUYING YOUR FIRST HOME

Take the mystery out of buying your first home. This workshop will cover an overview of the entire buying process, a review of real estate terms, loan underwriting guidelines, the pros and cons of fixed and variable rate mortgages, current government assisted programs plus the steps to qualifying for a mortgage.

 Event 94913 10:30a-12:30p Saturday
 SAC I-102
 10/11

 Fee: \$25/person
 1 session
 Flores, S

INVESTING IN MULTI-FAMILY PROPERTIES

If you have experience owning single family homes as an investment and want to increase your cash flow, the next step for you may be in multi-family housing! Many investors acquire multi-family properties to diversify their portfolio and reduce risk of vacancy, while increasing cash flow. Multi-Family Homes allow you to have more rental income, not to mention you are purchasing each unit at a lower price per door than you would pay for the same amount of SFH's. Join us to learn all about Multi-Family properties. Topics covered: RIGHT and WRONG markets, competition, hiring property management, increasing net worth, financing, tax advantages, and more. A \$25 material fee for a workbook is payable in class.

Event 94881 6:00p-9:00p Tuesday SAC I-209 9/16 Fee: \$49/person; \$79/couple 1 session Reddick Staff

AVOID FORECLOSURE MISTAKES

Learn how to analyze your loan documents and identify lender's most common mistakes to avoid foreclosure. Discussions include what to look for before a lien holder can start a foreclosure process on your home.



 Event 95120 10:30a-12:30p Saturday
 SAC I-102
 11/8

 Fee: \$10/person
 1 session
 Flores, S

COMO ANALIZAR TUS DOCUMENTOS HIPOTECARIO

Aprenderás todo lo necesario para analizar tus documentos de préstamo hipotecario, quienes son las partes que se involucran en los préstamos hipotecarios. También aprenderás como identificar los erres mas comunes de las instituciones bancarias para evitar un proceso de ejecución hipotecaria.

 Event 95118 10:30a-12:30p Saturday
 SAC I-107
 9/27

 Fee: \$10/person
 1 session
 Flores, S

QUE OPCIONES TIENES PARA DETENAR UNA EJECUCIÓN HIPOTECARIA

Que opciones tienes para evitar un proceso de ejecución hipotecaria, y las alternativas a tu disposición para mantener tu propiedad.

 Event 95119 10:30a-12:30p Saturday
 SAC I-102
 10/18

 Fee: \$10/person
 1 session
 Flores, S

REGISTER ONLINE Day or Night at www.sac.edu/cms

TRAVEL TOUR INFORMATION

Trips & tours presented by Good Times Travel. Good Times Travel is a family owned, licensed tour operator with 20 years of service. Unless otherwise noted, local travel is aboard deluxe motor coach with professional tour escort. Minimum travel age 18.

PAYMENT

Day Trips: Entire fee due at time of booking. Multi-Day Tours: Deposit per person due at time of booking. Traveler will be contacted by Good Times Travel to arrange for payment of balance.

TRAVEL CANCELLATION POLICY

Tours may be cancelled up to 10 days prior to departure date, less a \$15 processing fee. A refund will only be issued if your space can be re-sold. You may send a substitute in your place. Non-receipt of confirmation **DOES NOT** warrant a refund.

Due to unforeseen circumstances or weather conditions, day trips may be cancelled or services substituted. During the trip, if a participant does not abide to the scheduled departure and returning times, it is the participant's sole responsibility for return transportation.

All day trips will depart from RSCCD Parking Lot, 2323 N. Broadway, Santa Ana.

PLEASE ARRIVE 15 MINUTES PRIOR TO DEPARTURE TIME.



TRAVEL & TOURISM

BIG BEAR OKTOBERFEST & LAKE CRUISE

Enjoy one of the country's top-rated Oktoberfests, coined "The #1 Oktoberfest in California." Nestled high in the San Bernardino Mountains, the 44th annual Big Bear Oktoberfest will feature authentic German entertainment and food and "one of the best German celebrations this side of Munich." Enjoy an included Oktoberfest lunch including a choice of entrée and apple strudel for dessert. Later in the day we'll embark on a narrated cruise on Big Bear Lake aboard the Big Bear Queen to see sights such as the solar observatory and celebrity homes and learn about Big Bear history and local anecdotes of this charming mountain community (elevation 6,700 feet). Suggested: rubber-soled walking shoes and a sweater or jacket as it can be cool on the water. The boat has shaded and unshaded areas for your comfort.

Event 94908 9:30a-5:30p Sunday RSCCD Parking Lot 10/5 Fee: \$89/person 1 day tour Good Times Travel

MISSION INN & FESTIVAL OF LIGHTS

Travel to Riverside for a docent-guided tour of the famed Mission Inn, draped in all of its holiday décor and known nationally for its outdoor display of lights. The Inn was built in 1903 but has recently been restored to its original splendor. See the Court of Birds, President Lounge, Glenwood Tavern, the Rotunda, St. Frances' Chapel's Tiffany glass, and more on this extensive walking tour. The museum and gardens are decorated for the holidays. See the Inn adorned in thousands of beautiful holiday lights and animated displays. Next, enjoy an included Italian dinner at the Old Spaghetti Factory with choice of entrée. We'll complete the festive evening with a leisurely walk through a highly decorated Chino neighborhood.

Event 94909 2:15p-9:15p Friday RSCCD Parking Lot 12/12 Fee: \$89/person 1 day tour Good Times Travel

CENTRAL COAST BY RAIL

Embark on a relaxing three-day get-away to explore California's Central Coast while enjoying a stay at a quaint inn along Cambria's Moonstone Beach. We'll travel by train to explore the back roads and keep a relaxed pace as we visit the region and get a first-hand look at what makes the California Coast so special. Tour includes 2 nights deluxe hotel accommodations; 3 meals, deluxe motor coach with luggage handling throughout tour. **Double occupancy \$449**, **single occupancy \$589**. **A deposit of \$100 per person is required to secure spot.**

Event 89793 Wednesday-Friday 11/5-11/7 Fee: \$100/deposit per person 3 day tour Good Times Travel

TRAVEL CANCELLATION POLICY

Day tours may be cancelled up to 10 days prior to departure date, less a \$15 processing fee. A refund will only be issued if your space can be re-sold. You may send a substitute in your place. Non-receipt of confirmation DOES NOT warrant a refund. During the trip, if a participant does not abide to the scheduled departure and returning times, it is the participant's sole responsibility for return transportation.

MISSIONS & MANSION CHRISTMAS

On this holiday-themed journey we follow the footsteps of Father Junipero Serra as we tour several California Missions and the grandest Mansion in all of California - Hearst Castle. Stay at the charming Apple Farm Inn, the Cambria Pines Lodge and at a hotel in the heart of Old Town Monterey during "Christmas in the Adobes." We'll travel by train, through the back roads and see first-hand how spectacular California is beautifully decorated for the holidays. Tour includes 4 nights deluxe hotel accommodations; 6 meals, deluxe motor coach with luggage handling throughout tour. Double occupancy \$999, single occupancy \$1,299. A deposit of \$200 per person is required to secure spot.

Event 89796 Thursday-Monday 12/4-12/8 Fee: \$200/deposit per person 5 day tour Good Times Travel

AZALEAS, PLANTATIONS & CAJUN COUNTRY

In this Cajun getaway, you will stay two nights in the heart of New Orleans' French Quarter! Enjoy the sights and sounds touring the Quarter, the Garden District, Jackson Square & Bourbon Street guided by your docent. Travel along the Mississippi River Road to visit three Civil War- era plantations: Houmas House, Oak Alley and Nottoway, then tour Cajun Country in Baton Rouge, where azaleas and spring blossoms are in full bloom! Tour includes 6 nights deluxe hotel accommodations, 12 meals, deluxe motor coach transportation, airport - hotel transfers (with purchase of group air), and luggage handling throughout the tour. Double occupancy \$1399/ single occupancy \$1849. A deposit of \$250 per person is required to secure spot. Roundtrip group airfare available from \$495 pp.

Event 95130Wednesday–Tuesday3/25/15-3/31/15Fee: \$250/deposit per person7 day tourGood Times Travel

CALIFORNIA MANSIONS, GARDENS & RAIL

Embark on an exciting getaway to explore the beauty of Mansions and Gardens by rail along the west coast. Visit Hearst Castle, Winchester Mystery House, spectacular gardens, the historic Governor's Mansion guided by your docent. Stay in a quaint inn along Cambria's Moonstone Beach. This trip features travels into California's Gold country to tour the beauty of various mansions. Tour includes 6 nights deluxe hotel accommodations, 10 meals, deluxe motor coach transportation and Amtrak train including the Coast Starlight Train, and luggage handling throughout the tour. **Double occupancy** \$1399/ single occupancy \$1849. A deposit of \$250 per person is required to secure spot.

Event 95132 Thursday-Tuesday 4/16/15-4/22/15 Fee: \$250/deposit per person 7 day tour Good Times Travel



Register day or night online @ www.sac.edu/cms











DO YOU HAVE A GREAT IDEA FOR A NEW CLASS?

We're always looking for teachers who have developed classes in:

Arts & Crafts • Real Estate • Business & Careers • Dance, Health & Beauty • College for Kids

Mail a proposal to:

Santa Ana College-Community Services Program, Attn: Lithia Williams, Program Coordinator 1530 W. 17th St. Santa Ana, CA 92706 • Email: williams_lithia@sac.edu

CENTRAL COAST LIGHTHOUSES BY RAIL

All aboard the Coast Starlight train for a scenic ride along the coast to Big Sur, Santa Cruz, Monterey and Santa Barbara. Enjoy your overnight stays in oceanfront hotels with sunset views and leisurely walks along the beach. Visit California's most historic and unique lighthouses, a boat cruise, and picnic in Big Sur's state Park. Tour includes 4 nights deluxe hotel accommodations, 8 meals, deluxe motor coach transportation and Amtrak train including the Coast Starlight Train, and luggage handling throughout the tour. **Double occupancy \$1199/ single occupancy \$1599.** A deposit of \$250 per person is required to secure spot.

Event 95136 Fee: \$250/deposit per person Sunday-Thursday 5 day tour 5/31/15-6/4/15Good Times Travel





SANTA ANA COLLEGE A TRADITION of EXCELLENCE... A Foundation For Success

 $In\ 2015$, Santa Ana College is having a birthday and it's a big one. The college will turn 100 years old!

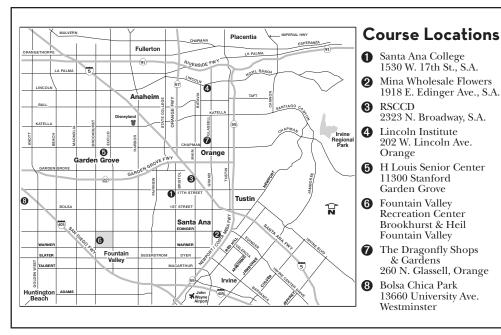
- Did you play sports at Santa Ana College?
- Did you fall in love at Santa Ana College?
- Did you graduate from Santa Ana College?
- Did Santa Ana College set you on the path to success in life?

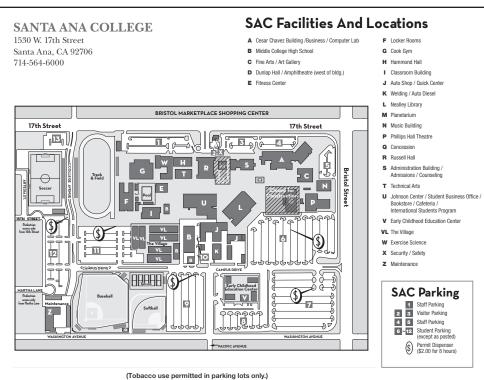
If so, we invite you to connect with us so you can join in the fun of the Santa Ana College 100-year celebration. After all, it only comes around once!

Visit www.sac.edu/centennial to get on the

centennial interest list or call the Santa Ana College Foundation at 714.564.6091 today.







PARKING INFORMATION

RSCCD requires parking permits for students and the public at Santa Ana College.

Daily permits should be placed face-up on your car dashboard. See campus map for Parking Permit Dispenser lot locations.

Daily parking permits are available for \$2.00 (coin or dollar) at Santa Ana College, Lots 6, 7, 9, 11 and 12.

SANTA ANA COLLEGE COMMUNITY SERVICES PROGRAM

REGISTRATION FORM

Mail to: 1530 W. 17th St., Santa Ana, CA 92706

Name			Email Addre	ss				
Address			FIISt					
City			Zip Coo	de				
Phone: Business ()			Home ()					
Event #	Event Title	#	of Participants and N	Names	Fee	Total		
Check/Money	Order #							
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Discover • Prepare Develop • Pursue

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Active Adults • Animal Care
Arts & Crafts
Automotive
Business & Careers
Computers & Online Workshops
Cooking • Dance
Health & Fitness
Language • Money Management
Real Estate • Travel Tours • And More

For Kids:

Reading & Writing
Basketball • Martial Arts
SAT Prep & Study Skills
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