

SANTA ANA COLLEGE  
CRIMINAL JUSTICE ACADEMIES  
COURSE SYLLABUS

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**MISSION STATEMENT**

Santa Ana College  
inspires, transforms, and  
empowers a diverse  
community of learners

**COURSE TITLE: Training Academy Preparation**

**COURSE OBJECTIVES:**

Upon completion of the course students will be able to:

1. Demonstrate how to march, move in formations, and raise the flag
2. Perform academy physical training protocol
3. Demonstrate how to properly report to staff

**GRADING:**

All testing procedures and protocols are consistent with California Peace Officers Standards and Training (POST) rules and regulations

POST certified instructors evaluate student performance in all tested exercises.

Scale: 70% or higher – Pass / Lower than 70% - No Pass

**SCHEDULED COURSE:**

See Santa Ana College 2019-2020 Catalog at [sac.edu](http://sac.edu), or call the CJA Office at 714 566-9200

**REQUIRED MATERIALS:**

Supplied by instructor during the first class meeting

## **COURSE CONTENT:**

### **Lab**

1. Familiarization with academy facility
  - A. Honor Code requirements and expectations
  - B. Familiarization with academy grounds
2. Drill and ceremony
  - A. How to march
  - B. Flag raising protocols
  - C. Basic movements in formation
3. Physical training and nutrition
  - A. Perform physical training protocol and speeches
  - B. POST fitness requirements
  - C. Perform the exercises of OCSA's physical training program
  - D. General nutrition recommendations for the academy
4. Reporting and speeches
  - A. How to report to staff
  - B. Morning reports
  - C. End-of-day reporting

Total Lab Hours – 16

**Total Course Contact Hours – 16 hours Lab)**

## **LEARNING METHODS TO BE EMPLOYED:**

Class discussions, Group Study & Exercises, Handouts, Instructor Demonstrations, Lecture, Reading Assignments, Other: Practical Application Exercises

## **SKILLS TO BE MEASURED BY:**

Multiple Practical Application Exercises

## **STANDARDS OF STUDENT CONTACT:**

From the 2019-2020 SAC Catalog page 61: Students enrolling in district educational programs assume an obligation to obey state law and district rules and regulations governing the conduct of students.

Students who enroll in those instructional programs in which the college has affiliations with various outside associations must comply with the college's policies and procedures and also with the outside association's policies and procedures. This includes but is not limited to students enrolled in the programs of Fire Academics, Criminal Justice Academies and Nursing.

**ACADEMIC ACCOMODATION STATEMENT:**

A student with a disability, who would like to request an academic accommodation, is responsible for identifying herself/himself to the instructor and to the Disabled Students Programs and Services (DSPS). To make arrangements for academic accommodations, contact the Disables Student Office in Johnson Center, U-103, or phone (714) 564-6264, TTY (714) 564-6284 for a referral to the appropriate DSPS Department.